



ATTENDANCE ALLOWANCE

You can get Attendance Allowance (AA) if you're 65 or over and have a physical disability (including sensory disability, e.g. blindness), a mental disability (including learning difficulties), or both.

- your disability must be severe enough for you to need help caring for yourself or someone to supervise you, for your own or someone else's safety
- have been in Great Britain for at least 2 of the last 3 years

AA is paid weekly at 2 different rates - the one you get depends on the level of help you need. You could get £55.10 or £82.30 a week to help with personal care because you're physically or mentally disabled and you're aged 65 or over.

Rate	Level of help you need
Lower rate - £55.10	Frequent help or constant supervision during the day, or supervision at night
Higher rate - £82.30	Help or supervision throughout both day and night, or you're terminally ill

You could get extra Pension Credit, Housing Benefit or Council Tax Reduction if you get AA - check with the helpline or office dealing with your benefit.

Assessments -You might get a letter saying you need to attend an assessment to check your eligibility. The letter will explain why and where you must go. At the assessment, you'll be asked for 3 types of identification. You can use a passport, birth certificate, full driving licence, life assurance policy or bank statements.

Changes of circumstances

Your circumstances can affect how much you get, e.g. you can move between the lower and higher rates. You must contact the AA helpline if your circumstances change e.g. you improve, get worse, go in hospital or change your address or doctor.

HOW TO CLAIM -Use form AA1A to apply by post. You can also get claim packs from the AA helpline. Telephone: 0345 605 6055

Your carer could get **CARER'S ALLOWANCE** if you have substantial caring needs